

BREEZE



The official student magazine of EIS
Ekamai International School



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VOLUME 2

HIGH SCHOOL SECTION

EDITOR'S NOTE

It is with great pleasure and enthusiasm that we find ourselves once again writing in Breeze. This marks our second journey into the realm of creative expression within this platform, a journey that initially began in middle school. We look back at the first experience with a sense of pride and nostalgia, as it ignited our passion for writing and storytelling.

As we embark on this new journey, we extend our heartfelt gratitude to all of your continuing cooperation and support. Writing in breeze help us to grow, learn and share our thoughts with you guys. We are excited to continue this and we hope you will be excited with us.

—Premika 11E, Eunji 11E






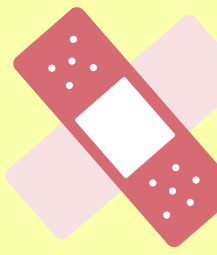
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Finding Inner Peace: A Day for Mental Wellness



On October 10, 2023, a transformative day unfolded at EIS as we celebrated Mental Health Day. This special occasion was marked by the presence of passionate experts and professionals from outside the school who joined us in a collective effort to raise awareness about mental health.



They engaged our students in meaningful discussions, workshops, and activities, empowering them with knowledge and strategies to nurture their mental well-being.

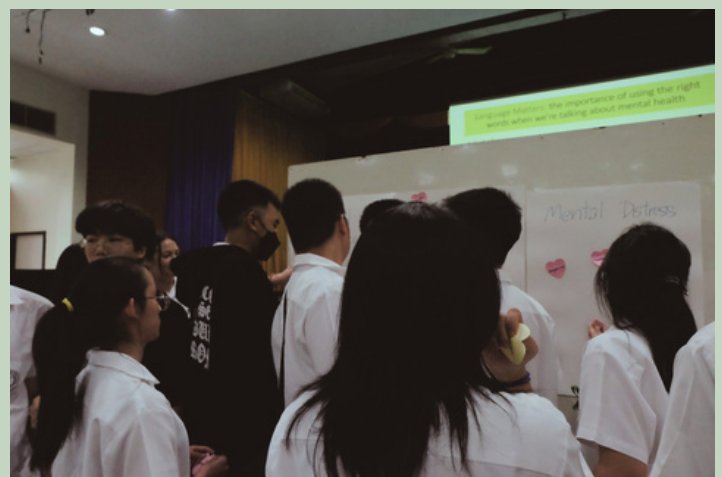
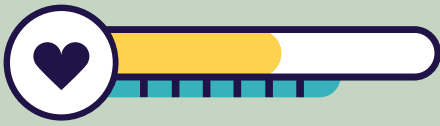


It was a day of discovery, reflection, and support, reminding us all that taking care of our mental health is just as important as any other aspect of our lives. Through this event, EIS reaffirmed its commitment to the holistic development of our students and its dedication to fostering a nurturing and supportive community.



-Eunji 11E







Thai University Fair



Ekamai International School's Thai University Fair on October 12, 2023, was a remarkable success. The event connected high school students with a diverse array of local and international universities, offering insights into academic paths. It provided a bridge for direct communication with university representatives, clarifying program details and demystifying the university selection process.

Moreover, the fair featured informative sessions on various subjects, broadening students' horizons beyond the classroom. This event played a crucial role in helping students make informed decisions about their higher education journey, leaving a lasting impact on the future leaders of tomorrow.
-Premika 11E







BOOK CARNIVAL 2023

The EIS book Fair is an exciting event that promises to be a literary wonderland for book enthusiasts of all ages. Set in our library in high school campus, this fair is celebration of knowledge, imagination, and community.

One of the highlights is the dedicated photo zone. Friends can create lasting memories by taking pictures amidst book-themed backdrops and creatively designed settings. These photo opportunities are a perfect way to capture the joy of shared reading experiences with friends.

The EIS Book Fair is not just about buying books; it's about fostering a love for reading and learning in a lively and communal setting. It's a place where literature comes to life, and where friends can bond over their shared passion .So, mark your calendars and be prepared to immerse yourself in the world of books, friendships, and memories at the EIS Book Fair. -Eunji 11E





“Farewell, Sir Tommy - You Will Be Missed”

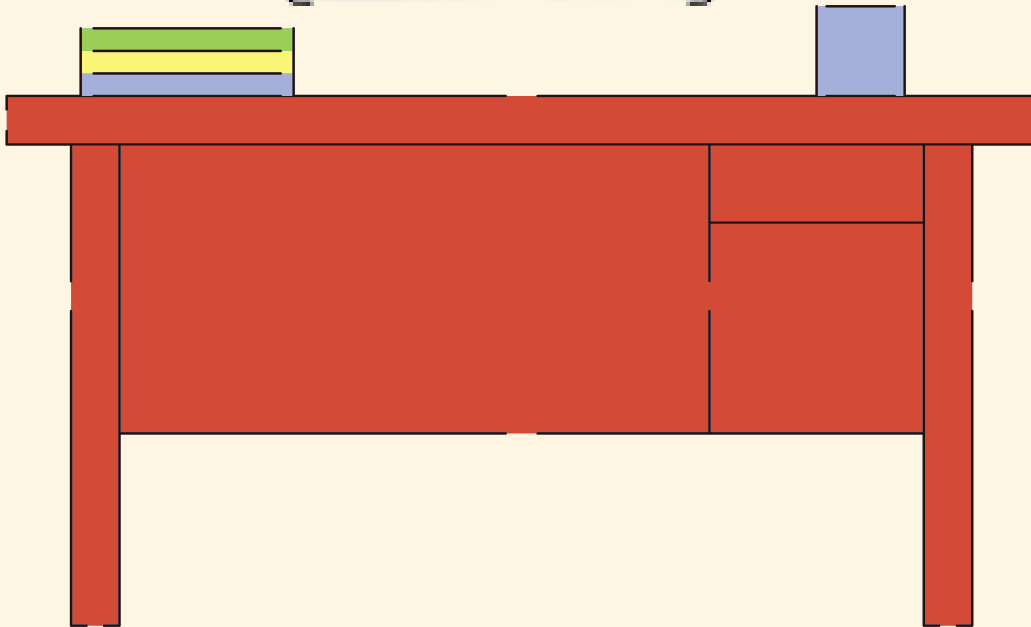
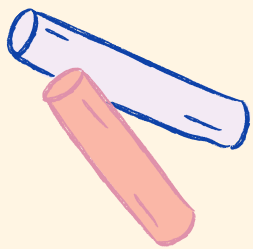


Sir Tommy, has graced our school with his unwavering dedication and boundless love for a remarkable three decades. He lightened up our lives like a guiding star in the night sky. We requested sir Tommy to give out his last words, letter, advices for the students that will be remaining in this school. -

Eunji, Premika IIE

“I wish to thank all the students and faculty for helping out in this school and making this place a great place. Always make sure you do your best and you will be successful and God will bless you. I would like to wish God blessing in each one of you. Thank you” - Sir Tommy Thomas

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Junior Cinematic Wonderland

On October 30, 2023. The students of EIS were ecstatic about the film show that the Juniors had hosted. The Junior students put their hearts and souls into organizing a memorial day for their fellow EIS students. They completely transformed the venue, ensuring every detail was flawless.

The Juniors prepared "Elemental" for the Elementary students and for Middle schoolers they had prepared "Raya And The Last Dragon" and Lastly "Puss in Boots" for the High schoolers.

The Juniors were not only interested in showing the movies to the students. They also prepared snacks, drinks, and meals for the students to enjoy while viewing the movie. This day was a day of pure camaraderie and enjoyment, all thanks to our junior class's unwavering hard work for the students. A day to remember indeed! -Eunji 11E

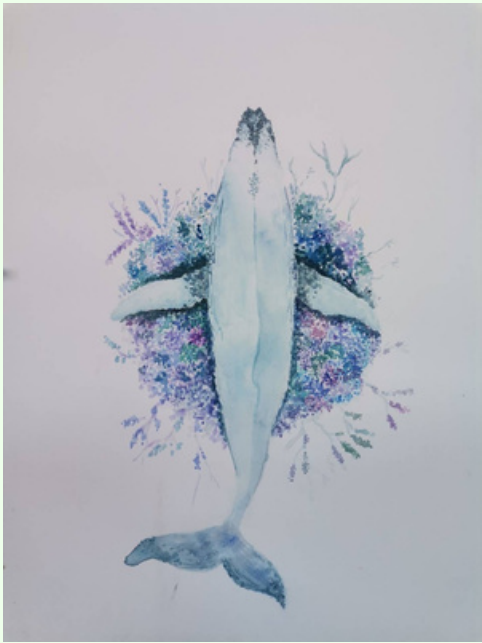






Impressive Artworks of Highschoolers





INTRODUCING THE KOREAN CLUB



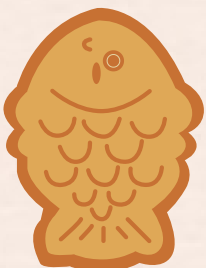
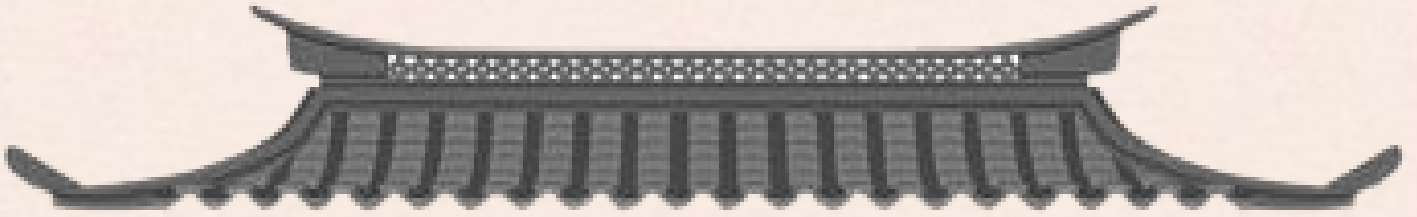
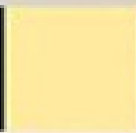
Han Jiyul 11G -Korean club President

Enter the colorful world of the Korean Club! a passion project developed by Han Jiyul from 11G with the express purpose of introducing fellow students to the rich tapestry of Korean culture. This lively club is a gathering place for people who are interested to learn all aspects of the Korean language, from basic concepts like learning the alphabet to more advanced topics like communication skills. Members start out on a language-learning adventure that guarantees a correct and thorough grasp of Korean under Han Jiyul's direction. But being a part of the Korean Club is more than just learning language quirks; it's an all-encompassing experience that even includes cooking. Take advantage of entertaining cooking activities that will not only entice your palate but will also reveal the subtleties of Korean culture and history. This group offers more than simply language instruction; it's a waiting exploration of a cultural odyssey.

**Culture is this thing that we can
exchange among ourselves as human
beings to knock aside our differences
and build upon our similarities. Cultural
exchange is the ultimate change**

-Check D-







Resisting Unhealthy Peer Pressure and Confronting Virtual Bullying



High school is a time when you learn about yourself, make friends, and deal with school stuff. But it can also be tough because of peer pressure and online bullying. In today's world of social media, it's super important for high school students to know how to stand up to bad peer pressure and deal with bullying online.

Peer pressure is normal during high school, but it's important to know when it's good and when it's bad. Bad peer pressure can make you do things you're not comfortable with and mess up your mental health. So, it's crucial to understand your values, goals, and limits. Choose friends who support you and share your values. Be assertive, which means expressing your opinions and standing up for yourself, but in a respectful way.

Social media is cool, but it can also bring online bullying. To handle it, you need different skills, but being respectful and assertive still matters.

Most social media platforms let you report and block people who bully you. If someone is bothering you online, just block them. Don't be afraid to do it to keep yourself safe. Also, tell a trusted adult, teacher, or counselor about what's happening. Asking for help is not weak; it's a smart way to fix the problem. This also helps others avoid being bullied. The most important thing is to always be careful about what you share online. Think twice before posting or commenting. Protect your personal information.

In conclusion, high school can be tricky socially, but you can handle it by being strong, knowing yourself, and dealing with problems in person or online. Saying no to bad peer pressure and stopping online bullying helps make high school a positive place for personal growth and happiness. Remember, your voice matters, both in real life and online, and being confident will help you face these challenges.

—Deepak Lopchan Tamang



"Thai Culture Extravaganza High School Soars with Flavors, Fun, and Festivities!"



On November 27, the vibrant spirit of Thai culture took center stage as the entire high school community came together for an immersive Thai Culture Day. From dawn to dusk, the school grounds transformed into a bustling hub of activities as enthusiastic high schoolers passionately shared the richness of Thai traditions.

A tantalizing array of authentic Thai foods delighted taste buds, enticing students with flavors that transported them to the heart of Thailand. Amidst the aromatic delights, traditional Thai games added an extra layer of excitement, fostering an atmosphere of joy and camaraderie.

Thai Culture Day not only celebrated the diversity of Thailand but also showcased the unity and creativity of the high school community, making it a memorable and culturally enriching experience for all.

-Eunji, Premika 11E







Importance of values class



Students often question the relevance of a value class, uncertain about its practical impact on their lives and whether it imparts moral lessons. To unravel the significance of this Class, we interview with Sir Merle, seeking insight into why values class holds importance.

-Premika, Eunji 11E



Mr. Merle Sudhin Das-
Values Teacher of Grade 11

How do you plan to integrate discussion on the importance of value class, and what strategies do you envision using to help Students understand and appreciate the significance of value class in their lives?

In EIS, when we talk about **VALUES**, we equate it to **CHRISTIAN CHARACTER**. Building a virtuous character is essential in life. Many instructions are given in the Bible on how to make a sound, honorable, and Christ-like character. We help students mold these characters through our daily interactions and various activities in and out of class - chapel programs, community services, etc.

Why is the study of value class considered necessary, and what significance does it hold for students?

As mentioned above, building a virtuous character is essential for every being. Values class helps students equip and train them to make honorable characters. What good does having all the world's knowledge and yet a poor character do? To have a better future for our community and nation, we need people of sound character and fear of God (respect for God). Our values classes teach these essential elements - love for God and love for human beings by developing sound, moral, and ethical characters.

—Mr. Merle Sudhin Das

